

ALLERGY/ANAPHYLAXIS ACTION PLAN

Dear Parent/Guardian,

According to your child's health records, he/she has a severe allergy and/or history of an anaphylactic reaction. In order to administer emergency medication at school, Part I (Physician section) and Part II (Parent section) of this form must be completed and returned to the district nurse. If you have any questions, please contact Jenny Serrano, District Nurse (jserrano@auburn.k12.ca.us)

Student Name:			Date of Birth:		
chool: Grade:			School Year:		
Allergic Reaction To: History of Asthma? Yes (more risk of severe reaction) No PART I: PHYSICIAN SECTION					
HEALTHCARE PROVIDER ORDERS (To be completed by provider authorizing treatment)					
Symptoms		Give Checked Medication			
If a food allergen has been ingested, but no symptoms		Epinephrine		Antihistamine	
Mouth – Itching, tingling, or swelling of lips, tongue, mouth		Epinephrine		Antihistamine	
Skin – Hives, itchy rash, swelling of the face or extremities		Epinephrine		Antihistamine	
Gut – Nausea, abdominal cramps, vomiting, diarrhea		Epinephrine		Antihistamine	
Throat - Tightening of throat, hoarseness, hacking cough		E	pinephrine	Antihistamine	
Lung - Shortness of breath, repetitive coughing, wheezing		E	Epinephrine Antihistamine		
Heart - Weak or thready pulse, low blood pressure, fainting, pale, blueness		E	Epinephrine Antihistamine		
Other:		E	Epinephrine Antihistamine		

If reaction is progressing (several of the above areas affected), give:	Epinephrine	Antihistamine

MEDICATIONS ORDERED					
Medication	Dose/Route	Time			
Epinephrine Auto-Injector	☐33-66 pounds -Jr Strength 0.15mg IM ☐ >66 pounds – 0.3mg IM ☐Other:	Ist dose as needed Ist dose in minutes if symptoms are not resolved Other:			
Antihistamine Name:	□ 12.5 mg PO □ 37.5mg PO □ 25mg PO □ 50 mg PO □ Other:	□As needed □Other:			
Additional Medication:					



ALLERGY/ANAPHYLAXIS ACTION PLAN (CONTINUED)

SELF ADMINISTRATION AUTHORIZATION/APPROVAL for emergency medication use only Has student been instructed on correct use and may carry/self-administer? NOTE: The physician, parent/guardian and school nurse must agree, check and sign here (District Nurse has final approval for self-administering and/or carrying medication by student at school): Prescriber's authorization for self administration: Signature/date Parent/Guardian authorization for self administration: Signature/date District Nurse authorization for self administration: Signature/date District Nurse authorization for self administration: Signature/date

HEALTH CARE PROVIDER AUTHORIZATION FOR ADMINISTRATION OF MEDICATION BY SCHOOL PERSONNEL

My signature below provides the authorization for the above written orders. I understand that all procedures will be implemented in accordance with California state laws and regulations. I understand that specialized physical health care services may be performed by unlicensed designated school personnel under the training and supervision provided by the District Nurse. This authorization is for a maximum of one (1) year. If changes are indicated, I will provide new written authorization. (May be faxed)

Physician Signature:	Date:
Physician Name:	
Address:	
Telephone:	

PART II: PARENT SECTION

PARENT CONSENT AND AUTHORIZATION					
 I(we), the undersigned, the parent(s)/guardians of the above named student, request my (our) student be assisted with or administered the following medication in accordance with the California Education Code 49423.5 and Board Policy/Administrative Regulation. I agree to: Provide all medications, supplies and equipment. Notify the school if there is a change in the student's health status or attending physician. Notify the school immediately and provide a new consent for any changes in the doctor's orders. I ACKNOWLEDGE IF MY STUDENT CARRIES AND ADMINISTERS HIS/HER OWN MEDICATION IT MUST BE ON HIS/HER PERSON IN ORDER TO ATTEND A FIELD TRIP. I authorize the District Nurse to communicate with the Authorized Health Care Provider when necessary in regards to this specific medication and medical condition. I will be provided with a copy of my child's completed ISHP. 					
Parent/Guardian Signature:		Date:			
Parent/Guardian Name:					
Principal's Signature:	Date:				
District Nurse Signature:	Date:				